

Learn the truth about the COVID-19 Vaccine



MYTH

"I already had COVID-19. I do not need to get vaccinated for COVID-19."

TRUTH

Everyone should get vaccinated. No one is sure if, or how long, someone is protected from COVID-19 after they had the virus.

MYTH

"COVID-19 vaccines will give you the virus."

TRUTH

None of the COVID-19 vaccines currently made in the U.S. use the live virus. The goal for each of them is to teach our immune systems how to fight the virus that causes COVID-19.

MYTH

"The flu vaccine protects you against COVID-19."

TRUTH

There is no evidence to support this claim. It's still important to get both vaccines. COVID-19 and the flu are two different diseases.

MYTH

"COVID-19 vaccines have severe side effects."

TRUTH

COVID-19 vaccines have been shown to have mild to moderate side effects. These side effects are common with many vaccinations. These are normal signs that your body is building protection.

For more information: visit covid19.newhavenct.gov



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MYTH

"COVID-19 vaccines will make you sick."

TRUTH

COVID-19 vaccines will not make you sick. You may have some mild to moderate side effects. These side effects may feel like the flu. They should go away in a few days.

MYTH

"COVID-19 vaccines are not safe because they were made and tested quickly."

TRUTH

Many pharmaceutical companies used lots of resources to make COVID-19 vaccines quickly because of the pandemic. It does not mean that safety rules were not followed or the vaccines were not tested.

MYTH

"You can delay routine vaccinations until the pandemic is over."

TRUTH

Adult vaccines and childhood vaccines are important tools to help keep people healthy. Delaying vaccination can be harmful to your health and the health of your community.

MYTH

"Vaccines can cause autism."

TRUTH

Vaccines do not cause autism. This claim was discredited and the study that linked the measles, mumps, and rubella (MMR) vaccine to autism was withdrawn. Studies across the globe have shown that there is no link.

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MYTH

"People who have gotten sick with COVID-19 will not benefit from getting vaccinated."

TRUTH

COVID-19 can cause severe health problems and a person can be re-infected. Therefore, even people who have had COVID-19 should get vaccinated.

MYTH

"Getting vaccinated will not stop you from getting sick with COVID-19."

TRUTH

Many people with COVID-19 have only a mild illness. There is no way to know how COVID-19 will affect you. If you get sick, you also may spread the disease to others.

MYTH

"More people will die from COVID-19 vaccine side effects than from the virus"

TRUTH

This is false based upon the research that has been done to test the vaccine. The COVID-19 virus is 10 times more lethal than the seasonal flu. At least 1-2 in 100 people who are infected with the COVID-19 virus will die.

MYTH

"COVID-19 vaccines have a microchip to track people."

TRUTH

There is no such thing as a vaccine microchip. The vaccine will not track people or gather personal information into a database.

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MYTH

"I will not need to wear a mask after I get vaccinated for COVID-19."

TRUTH

It may take time for everyone who wants a COVID-19 vaccination to get one. While the vaccine may stop you from getting sick, it is unknown whether you can still carry and transmit the virus.

MYTH

"If everyone around me is immune, then I don't need to be vaccinated."

TRUTH

Getting vaccinated is like wearing a mask - it isn't just about protecting you, but also your community. The more people who are vaccinated, the fewer chances a disease spreads.

MYTH

"Once you get the COVID-19 vaccine, you are immune for life."

TRUTH

It is unknown how long immunity from a COVID-19 vaccine will last. You may need to get the vaccine more than once, or even yearly, like the flu shot.

MYTH

"You don't need both doses of the two-dose vaccines."

TRUTH

Two doses are needed for the vaccine to be effective and prevent severe cases of the illness. The first shot starts building protection, the second shot boosts that protection.

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