

# East Rock Park and Edgerton Park



**River Mileage Guide**  
**Mill River**  
 • Canoe Launch to Footbridge: .53 mi.  
 • Canoe Launch to Tidal Gates: .80 mi.

**Trail Mileage Guide**

**White Trail (2.14 mi. Loop)**

- Yellow Tr. South to Farnam Drive: .64 mi.
- Farnam Dr. East to Farnam Dr. West: .22 mi.
- Farnam Dr. West to Eli Whitney Border: .20 mi.
- Eli Whitney Border to Orange St.: .63 mi.
- Orange St. to Yellow Tr. South: .45 mi.

**Yellow Trail (1.11 mi.)**

- White Tr. South to Monument: .16 mi.
- Monument to White Tr./Farnam Dr.: .53 mi.
- White/Farnam Dr. to Farnam Dr. West: .42 mi.

**Blue Trail (.91 mi.)**

- East Trailhead to Parking Lot: .47 mi.
- Parking Lot to Whitney Circle: .34 mi.
- Whitney Circle to White Tr.: .09 mi.

**Unmarked (Black) Trail**

- Canoe Launch to Covered Bridge: 1.00 mi.

**Red Trail (1.33 mi.)**

- Bishop Gate Trailhead to N. Meadow: 1.33 mi.
- State St Trailhead to N. Meadow: 1.19 mi.
- Park Dr. Trailhead to N. Meadow: .75 mi.
- Trowbridge Dr. Trailhead to N. Meadow: .66 mi.

**Orange Trail**

- English Gate Trailhead to English Dr.: .25 mi.
- Snake Rock Tr.: .17 mi.
- Indian Head Tr.: .56 mi.

**Park Drives and Fire Roads**

- Snake Rock Fire Road: .53 mi.
- Bishop Gate to Trowbridge Dr. Trailhead: .69 mi.
- Trowbridge Dr. Trailhead to Farnam Dr.: .42 mi.
- English Dr.: 1.39 mi.
- Farnam Dr.: .94 mi.
- Hillhouse Dr. (Loop): .53 mi.



**Legend and Points of Interest**

- Parking Area
- Park Gate (Open Apr 1–Nov 1, sunrise to sunset)
- Locked Gate (No admittance)
- Historical Gate/Monument
- Spring/Fountain
- Informational/Community Kiosk
- Restrooms/Drinking Fountain
- Bus Stop
- Park Woods/Open Field and Water
- Cliff Face/Steep Hill
- Wetlands
- Scenic View/Observation Scope
- Birding Area
- Canoe Launch
- Tidal Gates (Danger!)
- Play Elements
- Basketball Court
- Tennis Courts
- Soccer Field
- Baseball/Softball Field
- Football Field and Track
- Ranger Station, Trowbridge Environmental Center and College Woods Pavilion
- Soldiers and Sailors Monument
- Railroad Track
- Raised Highway/Ramp
- Paved Road (Biking encouraged on Red)
- Fire Road (Biking on Red/Orange only)
- Trail (Biking on Red/Orange only)
- Side Trail (Biking on Red/Orange only)
- Bridge/Covered Bridge
- Trailhead
- Mountain Biking Trailhead
- Summit (Elevation)



Map Designed by  
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